






Periods are a workplace issue!




End the stigma and negotiate period friendly workplace agreements with trade unions.




Free sanitary products (tampons, napkins, menstrual cups) are essential hygiene items and should be free in the workplace.



Every worker must have access to a toilet and be able to take toilet breaks.



"Period leave" and sickness leave arrangements based on trust allow workers to take sick leave because of period pain.



Get rid of the "pink tax" and combat period poverty.